



SUNDAY 13th AUGUST 2017

9.30am – 1.30pm

Introduction to functional rehabilitation

- What is meant by functional rehabilitation?
- Working together
- Achieving the best possible outcome
- Techniques and equipment
- Combining land based rehabilitation with hydrotherapy
- Contraindications and cautions
- Demonstration and discussion of rehabilitation equipment
- Lifting and transition techniques focussing on spinal injury/paresis patients

Cost: £100.00

Certificate for 4 hours CPD

Free lunch if you are staying for the afternoon talk - "Does it hurt?"

Please email training@greyfriarsrehab.co.uk for a booking form.

Lecturer/trainer: Angela Griffiths CCRP, Dip HSA, RCH, IAVRPT

This course will give hydrotherapists a greater understanding of other rehabilitation disciplines and some of the techniques used by veterinary rehabilitation professionals who may refer to you or work with you. Those involved in the care of orthopaedic and neurological cases will learn about techniques that can improve proprioception, limb use, muscle recruitment and gait patterning - helping to avoid secondary complications and speed recovery. Hydrotherapists will gain a deeper knowledge and acquire new skills for the treatment of their patients as we work on rehabilitation techniques that can easily be transferred to the hydrotherapy pool or water treadmill.

This morning course is ideal for people who love to be hands-on. Weather permitting we spend a lot of time out of the classroom learning through practical experience. Practice dogs will be available but be prepared to be a human guinea pig and work closely together!

Veterinary nurses who have an interest in rehabilitation or who look after dogs with ataxia/paralysis will also benefit - gaining useful techniques and insights into handling techniques and how rehabilitation can help their patients.



SUNDAY 13th AUGUST 2017

2.30pm – 5.00pm

Does it hurt?

What every hydrotherapist needs to know about pain and managing pain.

- Pain – what it is and where it comes from
- How we identify pain
- Communicating with owners and vets
- How pain can limit recovery
- Medical management of pain
- Other management options
- The role of hydrotherapists in pain management

Cost: £85.00

Certificate for 2.5 hours CPD

Please email training@greyfriarsrehab.co.uk for a booking form.

Speaker: Dr Susanna Alwen MA Cantab, VetMB, MRCVS

GP Cert Western Veterinary Acupuncture and Chronic Pain Management, CCRT, RCH Veterinary Surgeon/Hydrotherapist. Susanna graduated from Cambridge University Vet School in 2002 and went into general practice to learn a broad range of veterinary skills. After four years she became a technical veterinary advisor for a veterinary pharmaceutical company. In this role she was given the opportunity to attend veterinary orthopaedic conferences around Europe where she developed a keen interest in rehabilitation, pain management and osteoarthritis. After six years in this position she decided to return to clinical practice to put her knowledge to practical use. Susanna attended a hydrotherapy course at Greyfriars in 2011 and joined the team in 2012 offering a veterinary referral service comprising pain management, hydrotherapy and acupuncture. Susanna has completed a certificate in Western Veterinary Acupuncture and Chronic Pain Management and a further qualification in rehabilitation to become a Certified Canine Rehabilitation Therapist (CCRT). She is a registered canine hydrotherapist. She works both as part of the hydrotherapy team and also provides inpatient and outpatient clinics for pain and rehabilitation. As well as being Greyfriars' resident vet, Susanna is also a part of our lecture and training team for First Aid, Advanced Anatomy and Physiology, Rehabilitation and Pain Management and provides CPD for vets. When she is not working Susanna divides her time between care of her dogs, her love of the sea and her smallholding.