



## Summer 2014 Newsletter



What a difference a few months can make, in the last Newsletter we were all heartily fed up with the wet weather and now here we are basking in the sunshine and the drier Summer weather. And speaking of “basking,” remember that this is what the UK’s only poisonous snake, the adder, will be doing if the sunshine continues.

Generally keeping themselves to themselves adders do not go out of their way to find you. Unfortunately it is usually our canine friends who manage to disturb them, sometimes with painful consequences. So do make your clients aware of the potential dangers and if a snake bite is suspected the message is clear:

**DON’T DELAY** and get your dog to a vet for emergency treatment straight away.

**STOP PRESS**

**NARCH AGM followed by NARCH  
Education Seminar – September 14th  
2014 at Greyfriars, Guildford.**

Speakers include vet Lisa Milella –  
“Getting your teeth into something –  
working with exotic species”.

We hope you will join us in supporting  
Lisa who is fundraising for International  
Animal Rescue following her diagnosis  
with motor neurone disease. For more [click here](#).



Vet physio Kate Vardy will talk about "The hydrotherapist's pre and post hydro  
assessment" and CCRP Angela Griffiths will cover "Hydrotherapy for sports, working and  
assistance dogs".

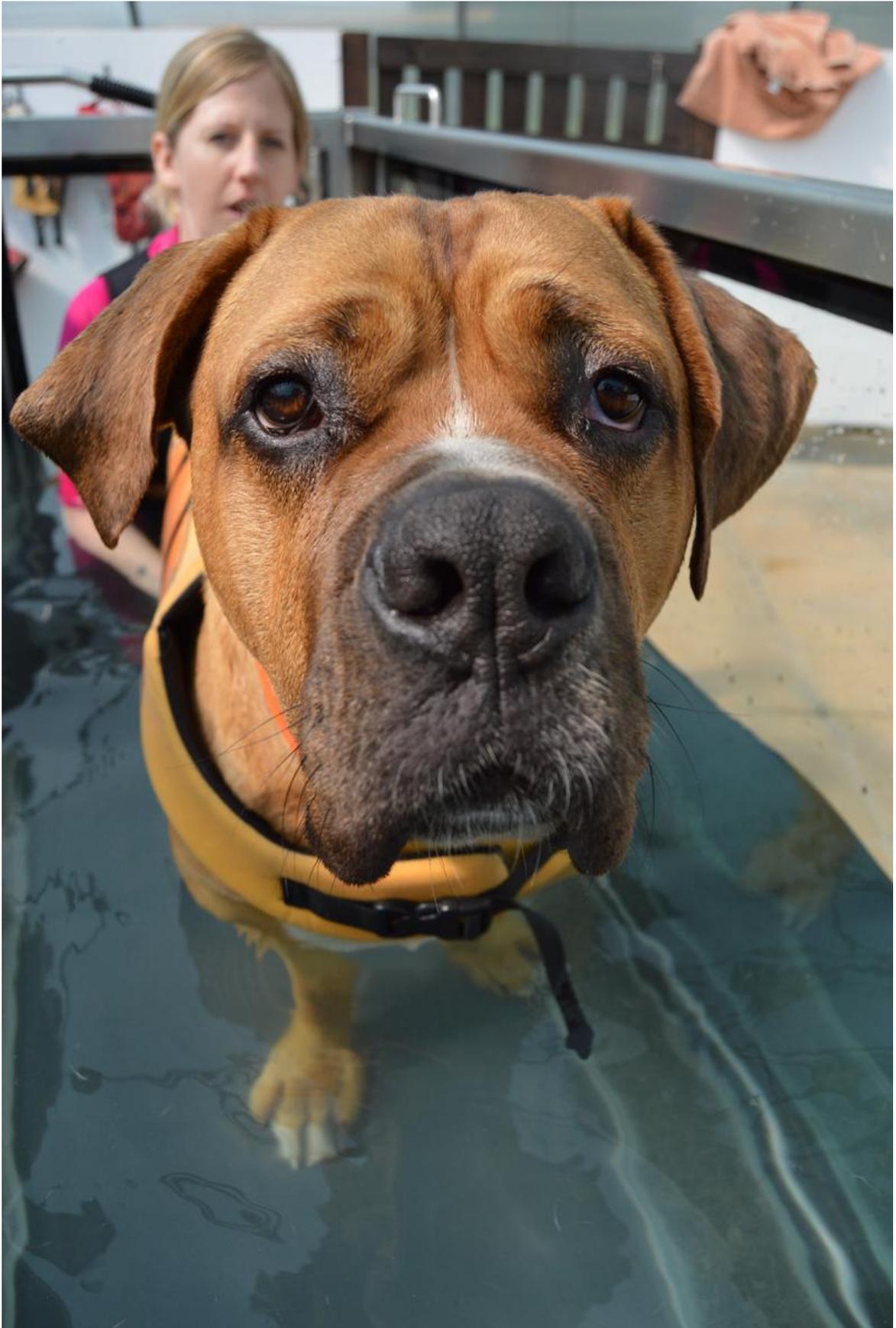
RVN and CCRP Clair Hucker will be running a Fast First Aid Refresher – CPR and scenario  
testing plus an online exam. Don't miss this chance to update – only 12 spaces available  
at £15.00 per person (all fees raised will go to towards Lisa's chosen charity).

Put this date in your diary –and don't forget that the Education Seminar is worth 7 Hours  
CPD for attending!

More information and booking details will be available shortly – like us on Facebook for  
quick updates and news.



**[NARCH – UPDATING OUR CODE OF CONDUCT](#)**



At NARCH we have been very busy updating the NARCH Code of Conduct and this will soon be finalised and uploaded onto the NARCH website – you will all be given notice by

email when this occurs.

## AUDIT VISITS



We have completed NARCH Inspector Training and in the Autumn we will begin to roll out our new programme of NARCH centre audits – our goal being that all NARCH registered hydrotherapists will have been visited by the end of 2015.

Audits will start with newly registered hydrotherapists and centres. We aim to visit within the first 6 months of NARCH registration to help with any initial problems or advice needed and to ensure that RCHs understand their commitment to the standards in the Code of Conduct.

Distance is no object as committee member Angela Griffiths carried out an audit at Coastal Canine (Carolyn Kutchyera RCH and Helga Schmitt RCH) on Vancouver Island, Canada last month!

[www.coastalcaninebc.ca](http://www.coastalcaninebc.ca)

## GET UP TO DATE – NOW

We have made good progress in recent months with upgrading and improvements to the functionality of the member records data base and enhancements to the NARCH website. The uploading of documents onto your personal record should become an easier process in the future.

HOWEVER a word of warning to all NARCH registered members... there are still many of you who, despite receiving email reminders from NARCH, still do not keep your personal record up to date.

It is a requirement of NARCH registration and part of the NARCH Code of Conduct that all RCH's maintain.

- A current First Aid Certificate – refreshers certificates are required every two years.

- A current Public Liability Insurance and Professional Indemnity Insurance Certificate.
- A CPD record evidencing 20 hours CPD in each calendar year.

We are continually finding that, despite our automated reminder system, no new documents are uploaded. NARCH states very clearly on our website that ALL RCH's maintain up to date First Aid certification, Public and Professional Indemnity Insurances as a condition of Registration. When a member of the public, vet or insurance company searches the NARCH system there will be an expectation that any RCH listed will be complying with regulations.

## PLEASE DON'T GET SUSPENDED!

Please be advised that from early July a complete AUDIT of all NARCH members records will commence. If an RCH's record is found to be incorrect or out of date the RCH will be advised of their immediate temporary suspension from the NARCH register until such time as their record is brought up to date.



The implications of being removed from the NARCH register are that your name will not show up as an active RCH during any search process carried out by either members of the public or vets who may be searching for a Registered Hydrotherapist. This is likely to have a detrimental effect upon your business and we would therefore urge you ALL to make sure that your NARCH record is fully up to date. Additionally pet insurance companies check that RCHs/Centres are listed and may not pay out to your clients - with consequent inconvenience and possibly distress being caused.

## HAS ANYTHING CHANGED SINCE YOU REGISTERED?

Remember if your contact details have changed you need to amend your NARCH record. For instance if you have changed jobs, have a new phone or email address.

Consider also that if your contact details are shown as your place of employment can you be sure that all NARCH communications are being given to you by your employer? It may be better to use your personal contact details for your NARCH contact point.

**PLEASE MAKE SURE YOUR NARCH RECORD IS UP TO DATE NOW**

**Any queries or concerns can be addressed to Nicky Kohn, NARCH Administrator by email at [enquiries@narch.org.uk](mailto:enquiries@narch.org.uk)**

## CPD RULES CLARIFIED



It is a condition of NARCH registration and part of the Code of Conduct that you will undertake 20 hours CPD or Continuing Education per year.

We have recently streamlined this so that the time line for CPD is based upon a calendar year for all members.

Therefore for 2014 we will be expecting all RCHs to have uploaded certificates evidencing a total of 20 hours CPD by the end of 2014.

For those who are first registered during 2014, the 20 hours will be pro rata for the period of registration in 2014.

You can gain your CPD hours by

- Attending one or both of the NARCH Education Seminars held each year. Each is worth 7 hours CPD and useful for education, best practice and meeting other hydrotherapists.
- Undertaking 5 hours reading either books or relevant magazine articles. To upload evidence please type in the Title of the book, the author and the ISBN reference number (usually found with publisher information at the front of the book). If you can scan the front cover of the book and upload this onto your record so much the better.
- Undertake up to 5 hours off subject (non-hydrotherapy related) study e.g. IT training, book keeping, human first aid course, business course.
- Look at the CPD section of the NARCH website for news if CPD courses and webinars.
- Remember that every 2 years you will need to take A First Aid Refresher Course and these usually carry either 3 or 4 hours CPD, so make sure you upload the certificate under the CPD section of your NARCH record swell as under the First Aid section.

## [NARCH IS NOW ON FACEBOOK](#)

We have also set up a NARCH Group within our [Facebook page](#) so that RCHs can discuss points of interest collectively in private forum.

Please contact **Kirsten Foulkes** via [enquiries@narch.org.uk](mailto:enquiries@narch.org.uk) for login details and clearance to access the Group page.

## [CONTACT](#)

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