

## Case study guidance

Endose a copy of all veterinary referral forms, vet permissions, medical histories and any letters/information from veterinary physiotherapists or other therapists involved in the case. To preserve confidentiality blank out the surname, address, telephone numbers and email address of your clients.

Endose your complete hydrotherapy records for the case. In addition give details of pool/treadmill equipment used, floatation aids/lifejackets, number of hydrotherapists involved, etc.

Your case study should include the following information (you may find it useful to use our numbering and headings):

1. Dog/Cat name
2. Breed
3. Age
4. Sex
5. Spayed or neutered
6. Handling warnings/behaviour issues
7. Reason for hydrotherapy referral – include details of surgery type if relevant
8. Date of injury/surgery or ongoing condition?
9. History of previous injuries/conditions/surgeries
10. Medical conditions present and any cautions related to these
11. Medication
12. Supplements
13. Diet. Weight if known. Under or overweight? Ideal weight?
14. Hydrotherapy start date
15. Hydrotherapy finish date (or ongoing?)
16. Number of hydrotherapy sessions
18. Apart from the first opinion and referral veterinary surgeons were any other professionals involved with your case?
19. What were your initial thoughts/assessment in this case. Did you need to request additional information?
20. What were the aims of hydrotherapy?
21. How did your choice of hydrotherapy methods and treatment work towards achieving these aims? Go into some detail to illustrate your understanding of hydrotherapy.
22. How did you progress the hydrotherapy through the course of treatment?
23. Were the aims achieved?
24. Were there any problems or setbacks?
25. With hindsight is there anything you would like to have done differently?
26. Did you give any advice to the clients? Were the clients compliant/co-operative?