



## CPD REQUIREMENTS AND GUIDANCE

It is a condition of NARCH registration that all RCHs undertake a minimum of 20 hours CPD per year. The time line for CPD is based upon a calendar year for all members. New members who first register mid-year will have their 20 hours pro-rated, based on the month their membership became active. Only CPD hours undertaken AFTER the date of first registration with NARCH, can be used towards a RCHs CPD total. A failure to have the required number of CPD hours uploaded onto your NARCH record and validated by 31st December each year, will result in immediate and automatic, temporary suspension from the NARCH register.

RCHs should aim to achieve a balance of CPD topics and methods of gaining CPD. However, at present and for the foreseeable future, it is understood that COVID-19 has meant that attendance based courses are not always available and therefore more online or reading-based CPD will be acceptable. You must ensure that you receive and upload to your record a certificate of attendance after any course, as this is the only evidence we can accept. Unfortunately, we cannot accept a paid invoice or screenshot as proof of attendance. If you require assistance or clarification regarding any CPD, please contact NARCH Administration [enquiries@narch.org.uk](mailto:enquiries@narch.org.uk)

Here are some examples of how you can gain your annual CPD:-

- **NARCH EDUCATION SEMINARS/WEBINARS** - either attendance based or online
- **READING** - up to 5 hours reading, to include books, articles or research papers. You must upload evidence of your reading onto your NARCH record. You are required to type in the title of the reading material, the author and ISBN number usually found on the back of a book and scan and upload the front cover of the book/article to your record as evidence. The subject matter can be hydrotherapy, veterinary or canine related. See separate reading list attached.
- **TRAINING/LECTURING** - if you deliver lectures or train others in hydrotherapy or related subjects, you may apply to NARCH for approval to claim CPD hours for lecture preparation and delivery or training.
- **OFF-SUBJECT STUDY** - you may include 5 hours "off-subject" that is, non-hydrotherapy related study, for example IT training, book-keeping, human first aid course, a business course.
- **FIRST AID REFRESHER COURSES** – these carry CPD hours so ensure you upload the certificate under the CPD section of your record, as well as under the First Aid section.
- **SHADOWING** - this entails observing an allied professional for example a Veterinary Surgeon, Physiotherapist or Massage therapist. As evidence, you are required to obtain and upload a signed and dated letter from the professional concerned, typed on their own headed paper. The letter should identify you as the learner, contain details of the procedures you observed, the number of observation hours and the date of such observation.
- **WEBINARS** - ensure you receive and upload to your record a certificate of attendance after any course, as this is the only evidence we can accept. We cannot accept paid invoices or screenshots as proof of attendance. We have put together a list of potential webinar providers that now follows.

**DEGREE COURSES** - If you are studying a veterinary, physiotherapy or related degree course you ought to be able to use this for annual CPD, but please check first with NARCH for confirmation. You will be required to obtain and



upload a signed and dated letter from your tutor after each academic year, typed on the respective Universities' headed paper. The letter should name the course, identify you as the student and confirm your attendance, together with the approximate number of hours you have undertaken at the end of each academic year.

**A SELECTION OF CPD COURSES AND WEBINAR PROVIDERS - please note that this list is not exhaustive and there will be many more CPD courses that you may identify online.**

<https://www.centreofexcellence.com/shop/animal-care-courses/>

<https://www.thinkdog.org/fear-cuddle-question/>

<https://www.coursera.org> (numerous dog related online courses)

<https://www.udemy.com/topic/dog-care/> (dog-related and business-related courses)

[www.vetmedteam.com](http://www.vetmedteam.com)

[www.greyfriarsrehab.co.uk](http://www.greyfriarsrehab.co.uk)

[www.thewebinarvet.com](http://www.thewebinarvet.com)

[www.onlinepethealth-info.com](http://www.onlinepethealth-info.com)

[www.cpd-solutions.com](http://www.cpd-solutions.com)

[www.chestergates.org.uk](http://www.chestergates.org.uk)

[www.k9hscourses.com](http://www.k9hscourses.com)

[www.dogtrainingcollege.co.uk](http://www.dogtrainingcollege.co.uk)

[www.onlineacademies.co.uk/product-listing/0/all-courses](http://www.onlineacademies.co.uk/product-listing/0/all-courses)

[www.kachinacanine.com](http://www.kachinacanine.com) (Dr Isla Fishburn BSc Zoology and MBIolSci and PhD in Conservation Biology)

[www.animalcoursesdirect.co.uk](http://www.animalcoursesdirect.co.uk)

[www.galenmyotherapy.co.uk](http://www.galenmyotherapy.co.uk)

[www.caninemindandbodybalance.co.uk](http://www.caninemindandbodybalance.co.uk)



[www.caninearthritis.co.uk](http://www.caninearthritis.co.uk)

[www.vet-oa.com](http://www.vet-oa.com) Veterinary Osteoarthritis Alliance

[www.willows.uk.net](http://www.willows.uk.net)

[www.wear-referrals.co.uk](http://www.wear-referrals.co.uk) (once registered you get a password to access their back library)

<https://www.elearning.lantra.co.uk/category/7#> - Various Courses from LANTRA

**Suggested Reference Books for NARCH CPD Reading - please note that this list is not exhaustive and there will be many more canine related books, research papers or articles that you may identify as suitable reading material.**

<b>Underwater Treadmill Therapy for Dogs: A Theory and Practice Book</b> (2019), Traute Schmidt & Yvonne Muller, ISBN: 978-3-748-247845
<b>The Complete Dog Massage Manual: Gentle Dog Care</b> (2020) Julia Robertson, ISBN: 978-1-787-116016
<b>Care of the Canine Athlete</b> (2018) Lowri Davies, ISBN: 978-1-910-488492
<b>Kyra's Canine Conditioning: Peak Performance, Injury Prevention, Coordination, Flexibility &amp; Rehabilitation</b> , Kyra Sundance (2019) ISBN: 978-1-631-596711
<b>Physical Therapy and Massage for the Dog</b> (2018) Julia Robertson & Andy Mead, ISBN: 978-1-138-324190
<b>Practical Physiotherapy for Small Animal Practice</b> (2015), David Prydie, Isobel Hewitt, ISBN: 978-1-118-661475
<b>Miller's Anatomy of the Dog</b> , 5th edition (2019), <u>John W. Hermanson</u> & <u>Alexander de Lahunta</u> (author) ISBN: 978-0-323-546010
<b>Dog Anatomy: A Pictorial Approach to Canine Structure</b> (1997) Peter C. Goody, ISBN: 978-0-851-316369
<b>Dog Anatomy: A Colouring Atlas</b> (2002) Robert Kainer & Thomas O. McCracken, ISBN: 978-18-934-41170
<b>Dog Anatomy Workbook</b> (2014) Andrew Gardiner, ISBN: 978-0-851-319834
<b>Canine Rehabilitation and Physical Therapy</b> , Second edition (2014) ISBN 978-1-4377-0309-2
<b>Small Animal Surgery</b> , 5 <sup>th</sup> edition (2018) Theresa Welch Fossum, ISBN: 978-0-323-443449
<b>Canine Sports Medicine and Rehabilitation</b> , Second Edition (2018) 978-1-119-380382 Christin Zink & Janet B Van Dyke
<b>Practical Guide to Canine and Feline Neurology</b> (2015) <u>Curtis W. Dewey</u> & <u>Ronaldo C. da Costa</u> (editors), ISBN: 978-1-119-946113
<b>BSAVA Manual of Canine and Feline Neurology</b> , 4th Edition (2013) Simon Platt & Natasha Olby (editors) ISBN: 978-1-905-31934-3
<b>A Clinicians Guide to Myofascial Pain in the Canine Patient</b> (2020) Michele Broadhurst, ISBN: 979-8-663-881128
<b>Canine Medical Massage: Techniques and Clinical Applications</b> (2015), Narda G. Robinson & Shelley Sheets, ISBN: 978-1-583-262054



<b>Canine Communication: How to Read Your Dog</b> (2019), Kate Patterson & Rachele M. Lowe, ISBN: 978-1-760-790806
<b>Basic Biomechanics of the Muscular-Skeletal System</b> , Fourth edition, (2021) Margareta Nordin & Victor H. Frankel, ISBN: 978-1-451-117097
<b>Saunders Comprehensive Veterinary Dictionary</b> , 5th Edition, Virginia Studdert, Clive Gay Kenneth & W Hinchcliff (2020) 978-0-702-074639
<b>Canine Communication: The Language of a Species</b> (2019) Sally Gutteridge, ISBN: 978-1-794-338579
<b>Listen to Me! Exploring the emotional life of dogs</b> (2020) Patricia Hollingshead, ISBN: 978-3748247838
<b>Dog Behavior: Modern Science and Our Canine Companions</b> (2018) James C. Ha & Tracy L. Campion, ISBN: 978-0-128-164983
<b>Acu-Dog: A Guide to Canine Acupressure</b> (2011) Amy Snow & Nancy Zidonis, ISBN: 978-1-483-544403
<b>Understanding Reactive Dogs: Why Dogs React and How to Help</b> (2021) Jay Gurden, ISBN: 979-8-592-331824
<b>Canine Lameness</b> (2020) Felix Duerr, ISBN: 978-1-119-474029
<b>Dogs in Motion</b> (2016), Martin S. Fischer & Karin E. Lilje, ISBN: 978-3-981-433906